Tax Deduction Checklist

General & Itemized Deductions

State & local income taxes paid (or sales tax)

Real estate taxes (on primary residence or investment property)

Mortgage interest (Form 1098 from lender)

Charitable contributions (cash + non-cash with receipts)

Medical and dental expenses (if they exceed 7.5% of AGI)

Casualty and theft losses (in federally declared disaster zones)

Investment interest expense

Self-Employed / Freelancer Deductions

Home office deduction (based on square footage or actual expenses)

Business travel and lodging (must be ordinary and necessary)

Meals (50%) when traveling for business or meeting clients

Health insurance premiums (for self-employed individuals)

Office supplies, equipment, software

Internet and phone usage (business portion only)

Professional dues & subscriptions

Continuing education or certification

Contract labor/payments to subcontractors (1099-NEC)

Vehicle & Mileage Deductions

Standard mileage rate OR actual vehicle expenses

Parking fees and tolls

Car loan interest (self-employed only)

Education & Training

Student loan interest deduction (up to \$2,500)

Tuition & fees deduction or Lifetime Learning Credit

529 Plan contributions (state tax deduction, varies by state)

Home & Rental Property Deductions

Property taxes

Depreciation (for rental property)

Repairs, maintenance, insurance

HOA fees (for rental only)

Family & Dependents

Child and dependent care expenses (up to \$3,000 per child)

Earned Income Tax Credit (EITC)

Child Tax Credit / Additional Child Tax Credit

Adoption expenses

Retirement Contributions

Traditional IRA contributions

Self-employed retirement plans (SEP IRA, Solo 401(k))

HSA contributions (Health Savings Account)

Investment & Financial Deductions

Capital loss deductions (up to \$3,000)

Tax preparation fees (if self-employed, can deduct business portion)

Safe deposit box fees (for investment storage, limited)

Financial advisor fees (business-related only)